



# UNIVERSITY OF HYDERABAD



DSW Office, Psychological Counselling  
Unit

Invites  
For a Workshop on  
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***Anxiety and Stress in  
Academia: Role of Counselling  
Interventions and Mindfulness***

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Inauguration by  
Prof. B.J. Rao  
Honorable Vice- Chancellor, UoH

Speaker



Dr. Suneetha Manyam  
Professor, Dept. of Counselling,  
Mercer University, U.S.A  
**on 25th January, 2023**

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@ C.V.Raman Auditorium  
Time: 1:30 pm -3:00 pm