



UNIVERSITY OF HYDERABAD



**DSW Office, Psychological Counselling
Unit**

**Invites
For a Workshop on**

“

***Anxiety and Stress in
Academia: Role of Counselling
Interventions and Mindfulness***

By



**Dr. Suneetha Manyam
Professor, Dept. of Counselling,
Mercer University, U.S.**

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on 25th January, 2023

@ C.V.Raman Auditorium

Time: 3-5pm